

New Beginnings The start of things to come!

Deep Impact

Empowering the Nations Young People: starting with Rutherglen and Cambuslang



Gap Year Student Welcoming Tegan

to the team



Could you please tell us you name, age, where you come from and a little about your family?

My name is Tegan and I am 18 years old. I come from Airdrie which is a half hour drive from Glasgow. I live at home with my mum, dad and brothers – 1 older and 1 younger. For this year I am staying in Burnside with Alan and Andrea.



What have you been doing over the last couple of years?

I have just left sixth year at Airdrie Academy where I was involved in helping lead the SU group. I have also helped organise the holiday club at my Church and then help lead at another Church.



How have you ended up doing a gap year with SU and ended up coming to be a part of Reachout?

I have been attending SU camps since first year and I know the impact that camps and other SU events have had not only on my life but my friends as well. I was at Go conference where Ross and Anna (2 previous gap years) were speaking about gap year and at this point I was still unsure of what I wanted to do when I left school. Something clicked and I knew that doing a gap year was the right path.

I spent part of a day with Reachout where they were in a school doing 'It's your move' and seeing how they worked and interacted with the young people was just really encouraging, and I felt for me that this was the right place to be. Along with this the team and volunteers were really nice and welcoming.

What are you most looking forward to about your time with the trust?

I am looking forward to building relationships with the young people and the team but also just being able to have the chance of having an impact on someone's life, knowing the impact that this type of work has had on mine. Also, being able to develop my own faith and deepen my relationship with God.



What do you enjoy doing in you free time?

I enjoy playing the piano – mainly worship songs as I feel as there is a sense of peace and relief when they are played. I also enjoy spending time with friends and family playing board games.



What are you passionate about?

I am passionate about children and young people. This may be understanding what ways children learn best and trying to adapt so that I am able to help these children who do learn differently or just being there so that they have someone to talk to. Also, being able to teach them about God and His love for them.

2 | XPRESS

Contents

Pa

Pa

| age 2 | Gap Year Student! Meet Tegan Ramsay |
|--------------|--|
| age 3 | Letter from Susan Susan Young |
| age 4 | Deep Impact Ross Murray & Eleanor Watson |
| age 6 | Coffee break with Aquila Meet Aquila Singh |
| age 7 | 1st Time at Camp Niamh Brown shares her experier |
| age 8 | Book your place – weekend or week away! Dates for your diary |

Cambuslang and Rutherglen Reachout Trust

c/o Cambuslang Parish Church, Church Halls, 7 Cairns Road, Cambuslang, G72 8PX.

Phone 0141 646 2441 Email office@crrt.org.uk

The Cambuslang and Rutherglen Christian Reachout Charitable Trust Scottish Charity Number SC022459

facebook.

Letter from Susan



This edition of Xpress has a lot of firsts!!! This is my first letter as editor and we have articles from Tegan Ramsay – our new Gap Year Student, Aquila Singh – A new Trustee and Niamh Brown – a first time camper and **Eleanor Watson on her first experience at Deep Impact.**

This has been an exciting year for me since ioining the Reachout team in January and one of the first things I attended was the Deep Impact Conference held in January at Aviemore. This was a wonderful experience for me and the others who attended. Ross and Eleanor Watson have given us an insight to the weekend.

As always, the team are busy delivering Christmas Unwrapped to our primary schools along with all the assemblies, drop in and SU Groups that we support.

We wish you all a wonderful Christmas and a blessed New Year.

Best wishes, Susan

Susan Young Administrative Assistant/Editor Email: susan@crrt.org.uk Phone: 0141 646 2441

Meet the **REACHOUT** team



Tegan Ramsay Gap Year Student



Youth and Schools worker



Alison Kennedy Ross G Murray Senior Youth and Schools Worker



Chair of The Management Group



Ross Galloway Treasurer



Chair of Trustees





Deep impact is an annual conference for youth, children's and family workers across Scotland working in a Christian context. Since 1997 youth and children's leaders have been gathering in Aviemore for this conference designed to encourage, equip and refresh those who minister to our children and young people. This year there is also a new stream focussing on young leaders aged 18 – 25.

I first heard about deep impact 13 years ago from a youth worker in Aberdeen, at that point I didn't really know much about it and it wasn't till 4 years later that I went for the first time. I was unsure what to expect the first time I went. The main first impression was of excitement at the sight of so many Christian youth and children's leaders worshipping, learning and growing together. The setting for this wonderful conference is the Macdonald Highland Resort in Aviemore, so the food accommodation and conference venues are excellent.

Over the years this has become a fixed point in my year, a weekend of being refreshed, trained and an opportunity to spend time with friends and colleagues, old and new. As well as good Bible based teaching there is lots of opportunity for learning about specific, relevant topics in the workshops and space to have conversations with representatives from youth and children's work organisations in the market place and over coffee throughout the weekend.

This all sounds interesting I hear you say, but why should I go to Deep Impact?

Last year 19 volunteers and paid workers from Rutherglen and Cambuslang attended the conference and one of the exciting parts of the weekend was worshipping, praying and spending time together. It was such a special weekend for all of us and one that most of us are looking forward to again. It is also an opportunity to ask questions and to learn and grow together as we seek to share our faith with the young people we work with.

We would love to have an even bigger group from Rutherglen and Cambuslang at the conference this year. If you or someone you know would be interested in going please get in touch with Ross on 07837193028 or by email at ross@crrt.org.uk

I asked Eleanor who attended last year to tell us her thoughts on the conference here they are:

How did you first hear about Deep Impact and why did you decide to go?

I was first introduced to Deep Impact by a friend and fellow youth worker. We both volunteer on the Scripture Union KX1 camp every year, and he was very keen for me and many of the others to attend. I decided to attend because I knew I would be with friends and I was excited to find out how a Christian conference could strengthen my faith and make me a better youth leader.

Making an Impact on Rutherglen, Cambuslang and beyond.

4 | XPRESS





What was your first impression on the Friday night?

The Friday night felt like a powerful celebration of our faith and it was empowering to be in a room with so many other people who shared that faith. Everyone was so welcoming and easy to talk to; I instantly felt among friends. The Friday night was all about everyone's identity from God's perspective and what character traits this brings out in people.

What were the highlights of the weekend?

For me the highlight of the weekend was the talk 'Heart of a Leader' given by Pete Gilbert on the Saturday. It was such a deep and engaging talk about being diligent and learned leaders. He talked a lot about using our God given gifts and to lead by example when working with others. He also talked a lot about different types relationships people have with their fathers and how none of them stand in the way of having a relationship with God. Many of the attendees were very moved by the talk, and I found myself doing a lot of self-reflection afterwards.

How did the conference help you to grow in your faith?

As I mentioned before there was a particular talk that resonated deeply with me and it really helped me to look at my faith from a different perspective and to feel comfortable with where I am in my faith journey. It can be hard when you think that you should know more and do more but it was reassuring to realise that everyone is unique and that we all experience God in different ways and are all at different stages.

If at all, how did the conference help you to grow practically in terms of your work with young people?

For me it was wonderful to see a place so full others who are sharing their faith with young people. It was nice to be reminded that there are more people out there sharing the message of Jesus with others. It was particularly encouraging to meet other young youth leaders, as this is something my own church lacks which I often find disheartening. It really confirmed for me that my belief in Jesus is right and true and to feel confidence in my faith and ability to share it with others.

What are you looking forward to about Deep Impact 2019?

What I enjoyed most was being able to dedicate time to exploring and growing my own faith, which I often neglect while teaching others. It is important to stop and reflect on your own spiritual journey to ensure that you are still growing in faith and closeness with God. I'm looking forward to hearing the different speakers this year, in particular the youth leader stream. Last year was so much fun, and I'm really looking forward to attending again!



Coffee with Aquila

Meet Rev. Aquila Singh – Minister of Fernhill and Cathkin Church





Who are you and what is your job?

Aquila Singh I am the minister at Fernhill and Cathkin Church up in Fernhill.



What do you like to do when you are not working?

Nothing exciting I'm afraid! I like reading, watching TV and taking my dog Fern out for a walk.



What is your favourite meal?

Hard question! If cake can be considered a meal, then it would be cake! I think afternoon tea is my most favourite meal!



Who is your favourite Marvel Hero?

Another hard question, I don't have just one and picking one is difficult! I like Loki but I guess he's more of an anti-hero. Thor is one of my favourites and also The Flash and Wonder Woman (but they are DC).



Where is the most interesting place you have visited?

Last April I went to Palestine (West Bank) and Israel. They are both fascinating for all sorts of reasons. As a minister and someone who preaches every Sunday, it was interesting to see the places where Jesus would have gone and get a sense of the place.



What is your role with Reachout?

I go with Ross to Cathkin and Loch primary schools and we do assemblies together. We also do Christmas Un wrapped, The Easter Code and It's Your



Why did you decide to get involved with Reachout?

Move with the primary schools.

It is part and parcel of what I do as a minister and I must admit I really enjoyed being part of Reachout.

6 | XPRESS

1st time at Lendrick Muir

Niamh Brown shares her experience





Why did you come to the weekend?

Last year everyone at church was saying it was really fun so I had to find out for myself.



I did lots of fun things too many to list some were play games, watch a movie, had a bonfire at night and lots of other outdoor activities.



What was your favourite activity?

My favourite activity was the 'King Swing' it was really scary but great fun I went on it twice with Murray we were both screaming.



What was your favourite item of food?



All the food was great, but my favourite was the Macaroni it was yummy!



What was your most memorable part of the weekend?



My most memorable part of the weekend was 'freetime' when I got to play games like 'hide and seek' with all my new friends.



Why should someone else come to these weekends?

Before I went, I was told how good it would be it wasn't good it was 'fantastic!' you have to go and find out for yourself you will have great fun and make lots of new friends.

"I can't wait to go back next year"





Fancy a winter weekend away with Reachout, or how about a summer week camping on the beautiful island of Arran?

Here is how you can book your place!

Lanarkshire Primary Weekend Away

15th to 17th February 2019 P5 to P7 Lendrick Muir (code: WWLM6)

KX1

30th June to 5th July 2019 P5 to S2 Arran (code: KX1)

www.suholidays.org.uk

or call Ross on: 07837 193028 for more info.



Youth and Children's Work Conference



18 - 20 Jan 2019 www.deepimpactconference.co.uk



Graphic Design Photography Videography Art We design logos, brochures, flyers, display stands, vehicle graphics, memorial brochures and more... Visit us on FB to view our online portfolio!
Image: Constraint of the second secon

0141 554 0188 |

marlyn@vcms.co.uk

creative

Scripture Union Scotland is a Christian charity working in partnership with local churches.

Everything we do is governed by two core values: dependence on God and deepening relationships. We want to see children and young people exploring the Bible and responding to the significance of Jesus. Across the country there are a number of associate worker schemes.

The Reachout Trust was the first of these schemes, where a partnership is formed between Scripture

Union Scotland and groups of churches, to employ youth and children's workers.

Designed by Vibrant Creative Media

Kenny McKie

VCM838ISSUE11

👂 SU Scotland